# THE NEXT GENERATION SPORTS

TNGS

## HOLISTIC FOOTBALL PERFORMANCE PROGRAM TNGS SPAIN 2025 - 2026



We are a sports consultancy based in Valencia, Spain, specializing in comprehensive athlete training. With over a decade of experience, our collective expertise, personalized service, and unwavering commitment to excellence have led to the development of national team players and signings with clubs such as West Ham United FC, Toronto FC, Bristol City Football Club, and Levante UD. Additionally, we have facilitated full scholarships to American universities, including St. Olaf College and the University of Northwestern Ohio.





With each initiative, TNGS advances toward excellence in athlete development. The organization of the Next Generation Valencia CF campuses aims to extend the club's brand into territories across the Caribbean, Central America, Asia, and North America; the establishment of ProLevante and 'Levante Internacional,' an innovative project facilitating player development through the Levante UD methodology; and the hosting of clinics where clubs such as FC Barcelona, Atlético de Madrid, Sevilla CF, and Club Atlético River Plate impart their methodologies to coaches globally; these projects exemplify the organization's commitment.





# HOLISTIC TRAINING

FOR ATHLETES

## 2025-2026

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## Academic Formation

Study methodologies

**Official certifications** 



## Phisycal Training

**Objective formulation** 

#### Personalized training

## Personal Training

Time management

Personal growth



NG Players embodies all the qualities one would anticipate from a sports academy and beyond.

Team training, personalized development objectives, collaborative sessions in premier facilities, weekly matches against teams from the Valencian league, and a distinctive and innovative methodology designed to elevate your performance to the next level.



#### Evolution commences with individualization.

NG Players provides personalized training sessions designed to assist athletes in establishing progressively challenging physical, technical, tactical, and psychological objectives. If they excel at drawing fouls, they will become exceptional free-kick specialists. Athletes define their own goals, while our certified coaches facilitate their attainment. Furthermore, these personalized training sessions are grounded in the Athlete Competency Model, a framework that enables goal setting and rapid progress monitoring on the field.





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## **Competency Model**

Measuring, evaluating, and enhancing performance has become more accessible with the Athlete Competency Model created by The Next Generation Sports (TNGS) in collaboration with the Polytechnic University of Valencia (UPV).

A tool developed from an analysis of over 140 players from the premier European leagues. To enhance a player's striking abilities, it is essential to compare their skills with those of the leading strikers in their category and tailor their training regimen accordingly.

## **Goal Settings**

Short, medium, and long-term objectives; attaining them hinges on self-awareness and task management.

Following an evaluation of their skills and abilities, the player and their coach or mentor set their seasonal objectives. Once these objectives are defined, the weekly tasks necessary for achieving them are formulated.



## 🔟 Individualized

Training sessions encompassing technical, tactical, physical, and psychological aspects, aimed at enhancing individual player performance.

## Clubs with groups

Training sessions with teams from the Valencian Community emphasized enhancing players' performance within a team context.

### Competency profile

Instrument for assessing the abilities of each player and formulating targeted tasks for their enhancement. 04 W

## Weekly contest

Engage in the Spanish competition by participating in weekly matches across various youth leagues in the Valencian Community, as well as friendly encounters.

## Match analysis

Analysis and evaluation of the matches played. Proficiency in video editing and cutting tools.

## Wellness practices

Sleep and rest records, dietary tracking, and body measurements.

Physiotherapist

Personnel responsible for overseeing daily incidents during training

## Bealth insurance

Medical coverage throughout the ten-month duration of the program



## 2025-2026

## METHODOLOGY and calendar

TINGS











## 2025-2026

## MEET some cases...







#### Nathan Trott

Signing with West Ham United (Premier League, England)

- Bermuda Under-16 National Team - England Under-20 team

## Youssouf Yalike

Signed with Levante UD Youth Honor Division (La Liga, Spain).

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Copa del Rey debut 17-18 with Levante UD First Team.

#### Moïse Ndong

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Signing with the GD Chaves Youth A team (Primeira Liga, Portugal)

> - U20 National Team of Equatorial Guinea



At NG School, we are distinguished by our innovative teaching methodology, adhering to the standards, criteria, and guidelines set forth by the European Network for Quality Assurance (ENQUA) and the codes of best practices for University Assessment Agencies formulated by the International Network for Quality Assurance Agencies in Higher Education (INQAAHE).

Students engage in three primary domains, concentrating on language study and the development of personal and social competencies, including public speaking, leadership, and social responsibility, among others. These competencies are integrated with a customized formal academic project. In summary, NG School dedicates its resources to guiding young individuals along the most efficient route to university admission.





Developed in collaboration with TNGS, TPT International School, and Colegio el Prat Educational Institution.

NG School is an innovative international academic program designed for young leaders aged 14 to 18. Our pedagogical approach emphasizes equipping students with the skills to address everyday challenges.

Classes are conducted at El Prat de Llíria School, facilitated by exceptional educators within an enriching learning environment. Our program equips students for admission to universities across various countries, fosters language acquisition, and enables the attainment of official certifications, including the High School diploma, SAT, and TOEFL examinations.







# EDUCATIONAL INSTITUTION EL PRAT SCHOOL

At Colegio El Prat, we are committed to providing a comprehensive education for our students, focusing on both their academic pursuits and personal development. To accomplish this, we collaborate as a cohesive teaching team. Additionally, we provide the opportunity for students to reside on campus in our fully equipped residence.







#### Local system

 We assess the student's educational background and design a study program that facilitates a successful transition to university.
We employ innovative technologies to enhance learning, making it more engaging and customized to the student's capabilities.



#### American System

- Guidance on applying to American universities -Associate Diploma from the National Collegiate Women's Association (NCW) for Division I and II Athletes



## Spanish Secondary Education

- Official certificate of mandatory secondary education. Children under the age of 16 are required to complete this academic program and may integrate it with any of the previously mentioned studies.



The NG Residence serves as the ideal lodging for our student-athletes.

Situated on the El Prat School campus in Llíria, our facilities offer 24-hour security, social areas, and study rooms, creating an optimal environment for young athletes.

Our comprehensive accommodation package includes:

- Athlete Menu
- Room sanitation
- Laundry

Numerous additional advantages exist.









## VALENCIA: An Ideal Place to Reside

**Climate and lifestyle** 

Valencia boasts year-round sunshine and a laid-back Mediterranean lifestyle, ideal for personal development and outdoor pursuits.

Premier amenities and accessibility The city features contemporary sports facilities and outstanding connectivity through its international airport and high-speed rail services.

Cultural capital Valencia, renowned for its iconic landmarks and lively festivals such as Las Fallas, seamlessly blends tradition with modernity.

#### Safety and community.

Valencia, recognized as one of the safest cities in Europe, provides a hospitable atmosphere for international students and families.

#### **Passion for athletics**

Valencia flourishes through its enthusiasm for sports, hosting significant events and providing a myriad of recreational opportunities.

# NG Residence

## Shared spaces

The residence offers round-the-clock security and an extensive array of sports facilities, including a gym, study areas, a dining hall, recreational and music rooms, a laundry facility, and photocopying services.

## Green spaces

The El Prat Residence Hall provides its residents with access to numerous green areas and outdoor spaces. The campus boasts expansive gardens and open areas that create a conducive environment for both study and recreation. Additionally, the residence hall is conveniently located just a 17-minute drive from the center of Valencia.



## SCHEDULES



Time	Weekday	Weekend
09.00	Breakfast	Breakfast
10.00	Skill Development	
11.00	Fitness session	Leisure time
12.00	Video Analysis	
13.00	Lunch	Lunch
14.00	Rest	Rest
15.00 to 19:00	School	League match
20:00 to 21:30	Team Development	
22:00	Dinner	Dinner

Times and activities may vary depending on the day.



## Training in Interpersonal Skills

The objective of NG Residence is to assist individuals in cultivating the skills essential for maintaining a healthy and organized lifestyle, thereby facilitating the attainment of their personal and professional aspirations.

It involves training players to ensure that when they become independent or share accommodations at future clubs or universities, they are equipped to establish their own guidelines and self-manage.

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## Self-management

Effectively managing both active and leisure time utilizing tools such as Google Calendar.

#### 14 Feeding

Cultivation of healthy eating habits through a balanced diet, nutrition workshops, and similar initiatives.

#### Coexistence

Respect for the diversity among peers and leverage it by cultivating values associated with empathy, commitment, and solidarity.

#### Personal hygiene

Cultivation of robust personal hygiene practices through workshops

#### Orderliness and cleanliness

Facilitating room organization through workshops on bedmaking, clothing storage, and similar activities.

#### Cooperation

Establishing groups to perform shared tasks such as recycling, setting the table for meals, and clearing it afterward.



## MEET some cases...

## 2025-2026

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#### Pepe Cejudo

Full scholarship at the University of Northwestern Ohio for a Bachelor of Business Administration.

UNOH Rangers' top scorer in NCAA Division I

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## Patricio Cortina

Full scholarship at St. Olaf College (Bachelor of Arts in Economics and Environmental Studies)

'Newcomer' season 2016-2017 St. Olaf College FC and NCAA Division III

#### Joel Serrano

Full scholarship to Marshalltown Community College for a Medical Degree.

Ist goalkeeper for Tiguers in NJCAA Division I - Puerto Rico National Team



## 2025-2026

## FEES €31.000

- Full-board lodging at NG Residence
- Ten months of high-performance training
- TPT International Academy
- Access to elite coaches
- Personalized training programs
- Mental resilience training
- Nutrition and injury prevention training
- Medical insurance (Elite plan)

- Opportunities to participate in competitive matches
- Transportation within the initiative
- Excursions to the Valencian villages
- Swimming pool and fitness center
- TNGS Complete Uniform Ensemble
- Collaboration with local clubs
- Installment payment alternative
- Support for visa renewal



## Contact us...

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We've worked with:







CATEDRA DEPORTE UPV